



BROWN BAGGING FOR
Calgary's Kids
● LUNCHES ● PROGRAMS ● SOCIAL CHANGE

GROUP VOLUNTEER PACKAGE

We look forward to your visit to the Brown Bagging for Calgary's Kids (BB4CK) kitchen. Thank you for taking meaningful action to help feed and care for Calgary kids!

HOW WILL YOU HELP US FEED AND CARE FOR CHILDREN AND YOUTH TODAY?

You will be a Lunch Creator. You will assist in making healthy lunches for children and youth who would otherwise go without. You will work with other volunteers to make sandwiches and prepare fruits, vegetables and snacks for lunches, as well as clean and sanitize the work area after lunches are made. It is very important that the number of volunteers that you have confirmed with the Volunteer Coordinator is the number that comes to the kitchen. Please let the Coordinator know ASAP if that number changes.

WHAT SKILLS AND QUALIFICATIONS ARE REQUIRED?

All you need is a positive attitude, the ability to work with others and to be able to stand for the entire shift.

WHEN DO WE NEED YOU?

Please arrive at the kitchen no later than 7:45am so you are ready to start making lunches right away. Starting on time is very important as the lunches for the day start being packed at 9am. Your volunteer shift will be completed at noon. You must stay until the end of your shift to ensure all preparation work and cleaning is complete for lunch making the following day.

WHAT SHOULD YOU KNOW BEFORE YOU COME TO VOLUNTEER?

1. Please do not come to the kitchen if you are sick.
2. Please wear clothes that can be worn while using bleach and cleaners.
3. Please avoid wearing any jewelry or watches.
4. Hairnets will be provided; long hair must be tied back.
5. Please wear either a short-sleeved shirt or a shirt that has sleeves that can easily be rolled up, as well as comfortable closed toe footwear as you will be standing for long periods of time.
6. Our kitchen is nut free.
7. Wheelchair access is available. Please let the Volunteer Coordinator know when confirming your volunteer numbers if this service is needed.

WHO DO YOU TALK TO WHEN YOU ARRIVE?

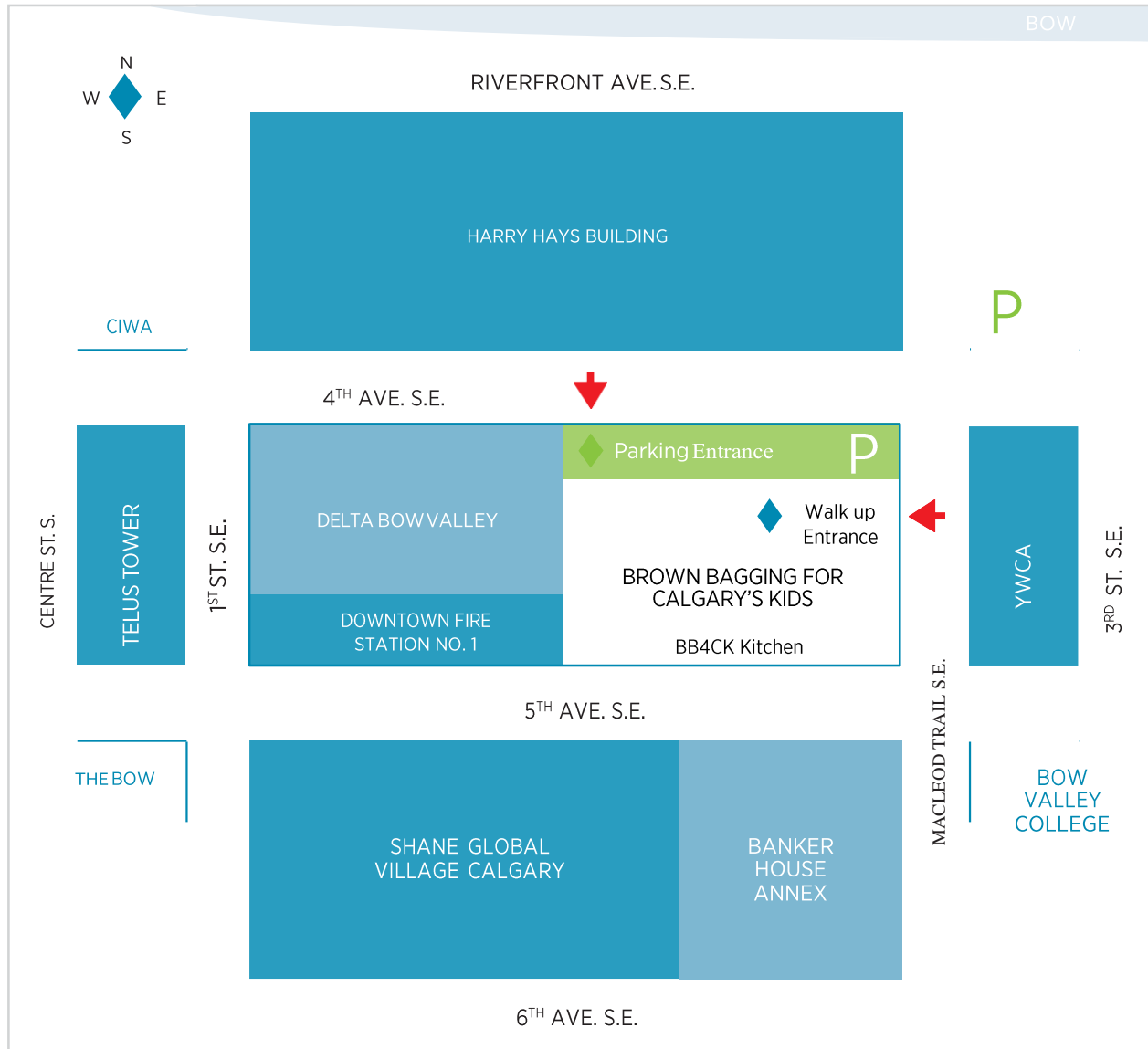
Flash a smile as you walk in the door and Josh, Nikita or a Volunteer Leader will greet you and guide you through the orientation. Nikita is always on hand to answer any questions and resolve any problems that may come up. If the door is locked please ring the doorbell.

If you have questions, get lost, or are unable to attend your scheduled volunteer day, please contact the kitchen directly at (403) 237-5832.



LOCATION OF THE BB4CK KITCHEN

The kitchen is located in [Langin Place at 433 Macleod Tr. S.E.](#)



WHERE DO YOU GO?

The kitchen is located in Langin Place at 433 Macleod Tr. S.E. It is south of the Harry Hays building, east of the Bow Valley Delta Hotel and on the southwest corner of 4th Ave and Madeod Tr. S.E. The entrance is accessible from the west side of the block that borders Macleod Tr. N.

WHERE DO YOU PARK?

There is limited parking available in the covered car park, which is the first driveway off of 4th Ave after Macleod Trail. There is a BB4CK sign located below the Baker House signage. If you park in this lot, come up to the kitchen and pick up a parking pass to place in your vehicle. The first 3 stalls on your left, facing 4th Ave, are no parking. All other stalls available are marked reserved. We encourage your group to walk, take city transit, or carpool to the kitchen. There is also ParkPlus street parking around the building.