

Name: _____

Age: _____

Turn me over!



Be A Hero For Hungry Kids

Hey Superhero!

My name is Ryder. I'm a super cool kid who supports Brown Bagging for Calgary's Kids - because I know how much I love my family.

Did you know?

Eating healthy food is just as important as having enough food to eat?

Here at BB4CK we provide Calgary's hungry kids with healthy food to help them grow up strong and smart (just like you, right?! We need your help to make sure that ALL kids in Calgary have enough delicious and healthy food to eat - every day.

I hope you enjoy colouring me in, and don't forget to ask your Mom and Dad to leave a donation when you take a photo of your artwork to send to us!

Good luck you incredible colourer!

Superhero Ryder

Hey parents, if you can make a donation when you submit your kiddos work, that would be great. Your donation helps feed Calgary's hungry kids, and gives every family a chance to get back on their feet.

Give today and **be a hero for hungry kids** - let's work towards our vision of communities ensuring no kids go hungry.

To donate, please visit: www.bb4ck.org/take-action/

To submit your child's work, please scan (in colour!) or take a photo of the front page, and email it to: jana@bb4ck.org. You can submit one colouring or drawing per superhero (each week). Please include as many details or stories as you'd like.

We would love to use these images in our stories here at BB4CK. If you would prefer we did not use them, please let us know when you make your submission.

All submissions must be received by Sunday, October 4th, 2020.