

Name: _____

Age: _____

Turn me over!



Be A Hero For Hungry Kids

Hey Superhero Designer!

My name is Sofia. I'm a Superhero here at Brown Bagging for Calgary's Kids. I'm here to help make sure that ALL kids get enough good food to eat.

Have you ever been hungry? How does it make you feel? I'm willing to guess that it makes more than just your stomach grumble. When we're hungry we can't focus or concentrate, we often have trouble being nice, and you might well understand the word "hangry".

So that's where BB4CK steps in. I'm their Superhero for Mental Health, because I want to make sure that every kid has enough good food to help nourish their bodies AND their minds. We can't do it alone though - we need your help. By unleashing your creativity on this design project, you're helping us to raise awareness of the problem - you're helping us reach more people who can help make sure all kids are fed.

So please don't forget to ask your Mom and Dad to leave a donation when you take a photo of your inspired design to send to us! Good luck you Superhero Designer!

Superhero Sofia

(p.s. My picture's just here for inspiration - but remember you can design any superhero you want - and if you want to use your computer you can submit that design too!)

Hey parents! Thank you for helping grow our league of Heroes and entering your child's design into our 'Be a Hero for Hungry Kids' design contest.

Please consider donating on your child's behalf when submitting their entry. Your donation helps us continue to support Calgary's kids who need Heroes, like you.

Give today and Be a Hero for Hungry Kids - let's work towards our vision of communities ensuring no kids go hungry.

To donate, please visit: www.bb4ck.org/take-action/

To submit your child's work, please scan (in colour!) or take a photo of the front page, and email it to: jana@bb4ck.org. You can submit one colouring or drawing per superhero (each week). Please include as many details or stories as you'd like. We would love to use these images in our stories here at BB4CK. If you would prefer we did not use them, please let us know when you make your submission.

All submissions must be received by: Sunday October 4th, 2020.