

BB4CK Group Volunteer Central Kitchen Information:

Good nutrition is vital to a child's health, education, and future. Our Brown Bagging for Calgary's Kids community works so hard to ensure kids are fed every school day and with your help, we will prepare over 7,500 lunches for kids in over 270 Calgary Schools. During your shift, you can expect to bake a variety of treats from our famous energy balls to our cheddar apple scones or help prepare fresh fruits and veggies to accompany the lunches.

Preparing for Your Volunteer Shift:

The BB4CK Central Kitchen location is a commercial kitchen; let's get you ready for your shift!

Dress practically and comfortably; for your safety, we recommend:

- Comfortable clothing you won't mind getting dirty.
- Closed-toed footwear.
- Loose watches and jewelry should be left at home.

Following AHS protocols, hairnets, gloves and aprons will be provided and should be worn throughout the shift.

Note:

- Our kitchen is nut-free.
- We are proud to offer an accessible workspace, please let us know if you require accommodations

Now that you are ready for the BB4CK kitchen, let's feed and care for Calgary's kids!

What to do when you arrive?

Check-in with our friendly BB4CK team member, they will greet you at the door and guide you through every step of the process!

Expectations and Guidelines:

- Please be respectful of the space, your peers, and staff members.
- Remember why you're here. Today, you get the privilege to help feed and care for over 7,500 kids in our community, and that's something to be proud of!
- Safety is a top priority in the BB4CK kitchen, and we kindly ask that if you're feeling a little under the weather to please stay home to prevent the spread of germs!
- Kids 5+ are always welcome to join in your session! We kindly ask for a 1:1 adult-to-child ratio and that you let us know if any youth will be participating during your shift.

Location and Access Information

Our main kitchen is located on the ground floor of the Atco Building at 909 11th Ave SW and will be in the main doors to your left.



Parking:

Park Plus zones are located along 11th Ave

The Indigo Lot is located on the West side of 11th Ave across from the Atco Building

If you have any questions or concerns, please email groupvolunteering@bb4ck.org