

HOUSEHOLD FOOD INSECURITY

is a term used to describe the experience of struggling to afford food.



Households' experience food insecurity include:

Marginal Food Insecurity

Worry about running out of food and/or limited food selection due to a lack of money for food.

Moderate Food Insecurity

Compromise in quality and/or quantity of food due to a lack of money for food.

Severe Food Insecurity

Miss meals, reduce food intake, and at the most extreme go day(s) without food.

Canada 2024

In 2024, **10 million** people, including almost

25.5%!



2.5 million children under the age of 18, lived in households who experienced some level of food insecurity.

Alberta 2024

30.9%!



In Alberta, 1 in 3 children live in a household experiencing food insecurity.

Equity-denied groups are at greater risk of Household Food Insecurity.



Brown Bagging for Calgary's Kids

www.bb4ck.org



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Calgary's Kids