

HOUSEHOLD FOOD INSECURITY

is a term used to describe the experience of struggling to afford food.



Households' experience food insecurity include:

Marginal food insecurity

Worry about running out of food and/or limited food selection due to a lack of money for food.

Moderate food insecurity

Compromise in quality and/or quantity of food due to a lack of money for food.

Severe food insecurity

Miss meals, reduce food intake, and at the most extreme go day(s) without food.

Canada 2025

In 2025, **9.8 million** people, including almost

24%!



2.4 million children under the age of 18, lived in households who experienced some level of food insecurity.

Alberta 2025

33.7%!



In Alberta, more than 1 in 3 children live in a household experiencing food insecurity.



Equity-denied groups are at greater risk of household food insecurity.



Brown Bagging for Calgary's Kids

www.bb4ck.org



Brown Bagging
for Calgary's Kids